

## USES OF THE SIX COMPLEMENTARY BOTANICALS FOR/AS\*:

▶ **Turmeric** root - stops the formation of intestinal gas, Lowers "bad" LDL cholesterol levels and is being investigated for benefits in Alzheimer's, cancer, & liver disorders.

▶ **Jujube** - contains betulinic acid which is believed to be a cancer inhibitor. It has been used to alleviate stress and calm nerves.

▶ **Tulsi** - anti-carcinogenic effects in the GI tract by promoting cancer cell death. Helps regulate blood pressure & reduces cholesterol levels.

▶ **Haritaki** fruit - an anti-inflammatory, expectorant, & for arthritis. Studies revealed significant reduction of cholesterol deposits in both the liver and aortas of tested rabbits. Used against digestive & urinary diseases, diabetes, and heart disease.

▶ **Schizandra** fruit - chemotherapy support, colds, sore throat, fatigue, hepatitis, liver support, and stress.



Zrii - where ancient wisdom meets modern science to take charge of your body by renewing both your body and mind.

▶ **Ginger** root - soothe nausea, joint pain, and help the immune system, to help prevent or treat nausea after cancer chemotherapy treatments, motion sickness, migraine headaches, and inflammatory conditions such as arthritis.

\* Sources: *Breakthroughs In Health*, 11/07, Vol 2, Issue 4, [www.wellness.com](http://www.wellness.com), and [www.HolisticOnLine.com](http://www.HolisticOnLine.com).



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The original

# Zrii™

Ayurvedic  
All Natural  
Rejuvenating  
For Your Health  
Herbal & Botanical Blend



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Ripe amalaki fruit ready to be picked

Amalaki fruit is hand picked at the peak of ripeness.

Ripe fruit insures that the amalaki contains a complete and unparalleled spectrum of powerful anti-oxidants, polyphenols, bioflavonoids, amino acids, trace minerals, and phytonutrients

## Amalaki

During colonial times the British referred to the amalaki fruit as the "Indian gooseberry". It is a small, greenish-yellow spherical fruit with a bitter-sour taste. A medical doctor, health expert, notes that, in addition to its ancient use in Ayurvedic medicine, it has been studied in both cancer & heart disease, with promising results\*.

He goes on to state, "Several studies have also shown amalaki to be effective in lowering serum cholesterol levels & showing antibiotic activity against a wide range of bacteria."\* Amalaki has the phytonutrient phyllembin which has been studied by scientists.

It is indigenous to India and all elements of the fruit including the seeds, outer pulp portion and rind are used in natural medicine. It is a very high source of vitamin C. In fact, it is documented that the amalaki fruit, on a per pound basis, is the world's richest source of vitamin C.

Indian gooseberry has been used as a valuable ingredient of various medicines in India and globally for many, many years.

\* as reported in *Breakthroughs In Health*, Nov. 2007, Vol. 2, Issue 4

For Your Health's Sake,  
Get Some  
TODAY!

The Original AMALAKI™

**Zrii, the power** comes from the perfect marriage of natural resources, the wisdom of ancient Ayurveda, and the knowledge of state-of-the-art Western medical science. **Here are seven of its benefits:**

**Amalaki**, the great rejuvenator. Central to Zrii is a small fruit that grows at the base of the pristine Himalayas in northern India. Its nutritional profile is outstanding.

**Taking nutrition to the next level.** Mixed only with fruit juices, amalaki would be a top nutritional drink. But we created a synergistic blend of herbs and fruits to completely unlock the potency of amalaki.

**Preservative-free.** Zrii uses the world's purest whole-food source of

amalaki—no harmful artificial chemicals or contaminants.

**Wildcrafted in the Himalayas** Our amalaki is wildcrafted, a technique where the fruit is hand-picked according to ancient ways.

**Zrii is proudly endorsed by the Chopra Center for Wellbeing**, founded by world-famous Dr. Deepak Chopra and neurologist Dr. David Simon.

**A vibrant taste.** In Ayurvedic practice, the ability of a drink to "enliven the tongue" is a hallmark of its healing capabilities. Ask those who have tasted it; Zrii most assuredly enlivens the tongue.

**The wisdom of Ayurveda.** The formulation for Zrii is built on 5,000 years of Ayurvedic wisdom.

## Rejuvenating

For many, drinking Zrii provides a sense of rejuvenation. No surprise, since recent studies have shown that amalaki just might be the world's most rejuvenating superfood, with the potential to increase overall health, vitality, and radiance at core level.

## A Better Formulation

After referring to ancient texts & contemporary research, the Zrii formulation team strived to create a synergistic blend like no other product on the market - a combination of six select herbs & botanicals that together completely unlock the potency of amalaki.



It's What's In The Bottle!